

WE'RE ONLINE

Head online to pay in your sponsorship money or to make a donation, it's the quickest and easiest way to pay in.

bbc.co.uk/cin



HELPING YOUNG PEOPLE BE THE BEST THEY CAN BE

With your support we're there for young people near you, changing lives where the need is greatest.

You can find out about projects we support locally to you at **bbc.co.uk/cin**

£100

pays for a series of 1-2-1 support sessions for a teenage girl experiencing mental health issues, helping her to feel less alone and isolated - and improving her emotional wellbeing.

FIND OUT MORE ABOUT THE CHILDREN WE HELP

Sign up to our newsletter at bbc.co.uk/cin

Read stories about children we support and get up to speed on all our news, fundraising tips and alerts. Alternatively, please tick the box, fill out your details and send this form to BBC Children in Need, PO Box 13495, Colchester, CO1 9ZB.

☐ Yes, I am over the age of 16 and happy to be contacted by BBC Children in Need by email (Please provide email address below)

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We have recently updated our Privacy Policy. To find out how we will use your information see our Privacy Policy at bbcchildreninneed.co.uk/legal/privacy-policy or contact us at pudsey@bbc.co.uk. If you no longer want to hear from us please email pudsey@bbc.co.uk.

OTHER WAYS TO PAY IN YOUR FUNDRAISING MONEY

JustGiving™

Setting up a JustGiving page is the hassle-free way of fundraising - just select your campaign to get started.

**POST
OFFICE**

You can donate, or deposit your fundraising, by cash, card or cheque over the counter at the Post Office. Just say you're paying in for BBC Children in Need!



Pay in your fundraising online at the BBC Children in Need website - it's quick, easy and secure!
bbc.co.uk/cin

FEELING PROUD? We would love to send you a thank you certificate

Don't forget to order yours at bbc.co.uk/cin

Just remember to make a note of your donation reference number if you pay in online or the date you paid in at the bank.

